



LEAD WITHOUT REINS

EQUINE ASSISTED LEADERSHIP DEVELOPMENT

Our take on leadership: Leadership isn't just about getting people from one place to the other. It's about how we lead, how we are perceived and how we are received. It's about being aware of all of our communication: our body language, our attitude and our tone of voice. Everyone reacts in different ways to each other based upon their perception of these 'silent communicators'

Why Horses? Horses don't lie. They don't have hidden agendas. Rather, horses respond to what they see and feel in the moment. As prey animals, their flight instincts become instant mirrors and non-judgmental feedback mechanisms. Horse Sense is all about using this feedback as a leadership tool, empowering you in a unique and life-changing way to hone leadership skills.

WHY LEAD WITHOUT REINS?

1. See yourself from another perspective

Looking at communication from another's perspective, without a word spoken, can initiate profound change in just one day. We guide you on a journey of self-discovery that looks at your beliefs, habits and processes and opens your horizon to new, more effective and more empowered ways to lead.

2. Let others see you from a different perspective

True leadership is more than just knowing how to lead. It's knowing how to create team spirit, collaboration, joy, fun and self development in your place of business. Our training is centred around these attributes, ensuring you and your team leaves having thoroughly enjoyed a transformational, learning experience

SAGE LEARNING PTY LTD

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In collaboration with

Horse Sense



LEAD WITHOUT REINS PROGRAMS

Chief



One-on-One for Leaders

Working one-on-one with our facilitator and horses, the learning outcomes are:

- Read others accurately
- Understand the message that you are communicating with non-verbal signals
- Develop clarity and purpose with your communication
- Manage your own emotions as well as others'
- Master assertiveness without aggression
- Develop empathy towards yourself as well as others

Brave

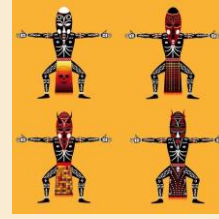


For 8 to 15 leaders per session.

Working with our team of facilitators and horses, the learning outcomes are:

- Emotional awareness; you will discover your default patterns and practice more effective ones
- Emotional reasoning; you will learn how to incorporate feelings into your planning process so you can create more effective outcomes
- Emotional management; you will understand how you manage your feelings and develop ways of managing that will lead to more effective outcomes in interactions with others
- Emotional control; you will learn how to control your emotions in a way that acknowledges them in a healthy way, and allows you to deal with conflict effectively and assertively

Tribe



For teams up to 15 people

Working with our team of facilitators and horses, the learning outcomes are:

- Respect and trust for all the team members to do the job they need to do
- Understanding each other's "fallback patterns" and supporting each other to overcome them
- Valuing the strengths of each individual and enabling them to do their job
- Not being afraid to ask each other for help, and share their vulnerabilities
- Understanding that the strength of a common purpose unites them
- Displaying both openness and willingness to frankly air differences
- Agreeing on common goals, and are not relying only on the strongest member of the team
- Displaying cooperation and collaboration, both within the team and also with other teams and stakeholders

